



Feedback Report
India Writing Project
Creative Writing Contest Season 6

Title:
My Old Self At My New Job

Submitted On:
Feb 11, 2024

Type:
Diary Entry

Submission ID:
IWP11550S6_E1

To SWATI,

Dear Participant,

Your piece, "My Old Self At My New Job," offers a poignant and introspective glimpse into the narrator's struggles with mental health and the challenges of navigating the workplace as a young individual. The honesty and vulnerability in your writing are commendable, as they allow the reader to empathize with the narrator's situation.

One of the strengths of your piece is the way you explore the internal conflict of the narrator. The admission of an outburst at work and the subsequent apology to the HOD demonstrate the narrator's self-awareness and desire to take responsibility for their actions. This adds depth to the character and makes them relatable to readers who may have experienced similar situations.

Another powerful aspect of your writing is the way you delve into the narrator's relationship with medication. The realization that the outburst was





likely due to missed medication is a critical moment in the piece, as it highlights the ongoing struggle of managing mental health. Your description of the sadness and disappointment associated with the need for ongoing medication is heartfelt and will resonate with readers who have faced similar challenges.

To further enhance your piece, consider expanding on the episode mentioned in the first paragraph. Providing more context and details about what happened could help the reader better understand the gravity of the situation and its impact on the narrator and their work environment. Additionally, you might explore the narrator's thoughts and feelings leading up to the outburst, as this could provide insight into their state of mind and the underlying issues they are grappling with.

Another area to consider is the structure of your piece. While the stream-of-consciousness style effectively conveys the narrator's thoughts and emotions, adding some structure or transitions between ideas could help guide the reader through the narrative more smoothly. For example, you might use paragraph breaks to separate distinct thoughts or experiences, or employ transitional phrases to link related ideas.

Lastly, the final line of your piece is incredibly powerful: "The saddest part however is the realization that you can never make anyone understand this pain." This statement encapsulates the isolation and loneliness that often accompany mental health struggles. Consider expanding on this idea, perhaps by exploring the narrator's desire for understanding and connection, or by reflecting on the ways in which society's perception of mental health contributes to this sense of isolation.

Overall, "My Old Self At My New Job" is a raw and honest portrayal of the challenges faced by individuals navigating mental health issues in the workplace. Your writing has the potential to resonate with readers who have experienced similar struggles and to foster greater understanding and empathy among those who have not. Keep exploring these important themes,





and don't be afraid to delve deeper into the narrator's experiences and emotions.

-x-x-x-

